



## **Relationship Hurdles Seminar**

**It is estimated that between 40% to 50% of Marriages, will end in Divorce.**

These are some of the leading cause of divorce in the USA:

1. Conflict, arguing, irretrievable breakdown in the relationship.
2. Lack of commitment
3. Infidelity / extramarital affairs
4. Distance in the relationship / lack of physical intimacy
5. Communication problems between partners
6. Domestic violence, verbal, physical, or emotional abuse by a partner
7. Realization that one's spouse has different values / morals
8. Substance abuse / alcohol addiction
9. Absence of romantic intimacy / love
10. One partner not carrying their weight in the marriage
11. Financial problems / debt
12. Marrying too young

### 13. Lack of shared interests / incompatibility between partners

I would like to compare the aforementioned list, and analyze, their individual categories, that are factoring in the amount of divorces, with what the bible - (our Lord says about how to maintain a Christian Marriage).

I have highlighted problem categories, that I believe warrant, a separation, or sometime away ( A Cooling Period, if you will );

#1, #3, #6, #8, this based on my past experiences, and all of these sub-categories, involve the possibility of imminent danger to the innocent party, in the relationship.

In my experiences, usually these highlighted categories don't bode well for the party receiving; the abuse, or the party dealing with Drugs & Sobriety issues, that their other half, is partaking in, especially, if there are minor children involved, in these types of circumstances.

### **I have a Free 3 Day Relationship Truth Seminar, that incorporates:**

I begin the three day seminar, by separating groups, into sub-groups, i.e. Women's Groups, Men's Groups, and Adolescent Groups, so each can express their relationship hurdles with their significant others,- Spouses, Step-Parents, kids, in-laws, friends, co-workers, so that all can speak freely and NO NAMES are made known, so as to promote this workshop.

On the final day, of the Seminars, I gather all groups, and we reach a consensus, as to what were the most prevailing hurdles, that each group found most prevailing and then we recap the suggestions for overcoming these hurdles, as voted upon by each group collectively.

We conclude each seminar, by cross-checking, the relationship hurdles raised by each group, and using the word (Logos) of God, to resolve the prevailing issues, based on the teachings found in the bible.

Some matrimonial issues are convoluted and require the intervention of a licensed family counselor, and if the need arises, we will ask the family, to seek out preferably a Licensed Christian Family Counselor, that lives in their area, for professional assistance.

**What is the paradigm, as set forth by our Lord for a Happy and long lasting fulfilling Christian Marriage**

## **1 Corinthians 7:1-5 (NIV)**

### **Concerning Married Life**

**1** Now for the matters you wrote about: “It is good for a man not to have sexual relations with a woman.”

**2** But since sexual immorality is occurring, each man should have sexual relations with his own wife, and each woman with her own husband.

**3** The husband should fulfill his marital duty to his wife, and likewise the wife to her husband.

**4** The wife does not have authority over her own body but yields it to her husband. In the same way, the husband does not have authority over his own body but yields it to his wife.

**5 Do not deprive each other except perhaps by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control.**

## **1 Corinthians 13:4-7 (NIV)**

### **4 Love is patient,**

love is kind.  
It does not envy,  
it does not boast,  
it is not proud.

**5** It does not dishonor others,  
it is not self-seeking,  
it is not easily angered,  
it keeps no record of wrongs.

**6** Love does not delight in evil but rejoices with the truth.

**7** It always protects,  
always trusts,  
always hopes,  
always perseveres.

## **Ephesians 4:1-3 (NIV)**

### **Unity and Maturity in the Body of Christ**

**1** As a prisoner for the Lord, then, I urge you to live a life worthy of the calling  
you have received.

**2** Be completely humble and gentle; be patient, bearing with one another in love.

**3** Make every effort to keep the unity of the Spirit through the bond of peace.

## **Ephesians 4:29 (NIV)**

**29** Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

## **Ephesians 5:1-33 (NIV)**

**1** Follow God's example, therefore, as dearly loved children

**2** and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

**3** But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people.

**4** Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving.

**5** For this you can be sure: No immoral, impure or greedy person—such a person is an idolater—has any inheritance in the kingdom of Christ and of God.

**6** Let no one deceive you with empty words, for because of such things God's wrath comes on those who are disobedient.

**7** Therefore do not be partners with them.

**8** For you were once darkness, but now you are light in the Lord. Live as children of light

**9** (for the fruit of the light consists in all goodness, righteousness and truth)

**10** and find out what pleases the Lord.

**11** Have nothing to do with the fruitless deeds of darkness, but rather expose them.

**12** It is shameful even to mention what the disobedient do in secret.

**13** But everything exposed by the light becomes visible—and everything that is illuminated becomes a light.

**14** This is why it is said: “Wake up, sleeper, rise from the dead, and Christ will shine on you.”

**15** Be very careful, then, how you live—not as unwise but as wise,

**16** making the most of every opportunity, because the days are evil.

**17** Therefore do not be foolish, but understand what the Lord’s will is.

**18** Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, **19** speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord,

**20** always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

## **Instructions for Christian Households**

**21** Submit to one another out of reverence for Christ.

**22** Wives, submit yourselves to your own husbands as you do to the Lord.

**23** For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior.

**24** Now as the church submits to Christ, so also wives should submit to their husbands in everything.

**25 Husbands, love your wives, just as Christ loved the church and gave himself up for her**

**26 to make her holy, cleansing her by the washing with water through the word,**

**27 and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless.**

**28** In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself.

**29** After all, no one ever hated their own body, but they feed and care for their body, just as Christ does the church—**30** for we are members of his body.

**31** “For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.”

**32** This is a profound mystery—but I am talking about Christ and the church.

**33** However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

## **1 Peter 5:8 (NIV)**

**8** Be alert and of sober mind. **Your enemy the devil prowls around like a roaring lion looking for someone to devour.**

### **Home Study Quiz:**

I would ask you to print out this post and see what areas of your Marriage or Relationship, you believe needs improvement.

Then ask your spouse or significant other to do the same, and see if there's any compromise that both of you can agree upon, and make a plan on how you're going to address the deficiencies that both of you have identified.

**Please remember friends:**

You can't buy your way into heaven OR buy your way out of hell!

Rev. Jesus Del Rio, ED