

Giving Thanks Before You Eat

1 Corinthians 10:31 (NIV)

31 So whether you eat or drink or whatever you do, do it all for the glory of God.

1 Timothy 4:1-5 (NIV)

4 The Spirit clearly says that in later times some will abandon the faith and follow deceiving spirits and things taught by demons. **2** Such teachings come through hypocritical liars, whose consciences have been seared as with a hot iron. **3** They forbid people to marry and order them to abstain from certain foods, which God created to be received with thanksgiving by those who believe and who know the truth. **4** For everything God created is good, and nothing is to be rejected if it is received with thanksgiving, **5** because it is consecrated by the word of God and prayer.

Matthew 14:19-21(NIV)

19 And he directed the people to sit down on the grass. Taking the five loaves and the two fish and looking up to heaven, he gave thanks and broke the loaves. Then he gave them to the disciples, and the disciples gave them to the people. **20** They all ate and were satisfied, and the disciples picked up twelve basketfuls of broken pieces that were left over. **21** The number of those who ate was about five thousand men, besides women and children.

There are 39 Bible verses addressing Thanksgiving to God before eating !

When I got married in 1984, I was blessed that my Supervisor, Mr. Frank Rovira (RIP). Got me a job working for him. We became very good friends, and we even attended the same Church together. I believe that the Lord placed “Frank,” in my life, to groom me and teach me about our Lord Jesus Christ.

The months and years would pass, and we always worked together on the same shift, so we always took our breaks at the same time.

I always noticed that “ Frank,” would always pray before his meals, or snacks, or dinner.

So one day, I asked “ Frank,” why did he always pray before his meals ?

Frank, told me about a Missionary, who had come to our Church, and gave the following account of why we should pray for our meals, before eating: “ the missionary, who’s name I don’t know, said that there was a construction worker working at a Huge construction project, and that at lunch time, everyone one sit on one bench, and he sat alone on another bench.

Moreover, his fellow co-workers would mock him, as he prayed before his meal.

This occurred many times over a period of time (I don’t know how long or the place where this event unfolded).

Then one day, as everyone sat for lunch, again the gentleman sat by himself, and was praying for his meal, as his co-workers mocked and laughed at him.

This day, as he was praying, a stray dog had entered the job site, and had grabbed his lunch bag, unbeknown to him.

When he opened his eyes from praying, he observed the dog, running throughout the yard with his lunch bag, and the dog would lead this gentleman to the area were his co-workers were at this point in tears from laughing so hard, and mocked him unmercilessly.

The dog would run out of the job site, with the gentlemen running after the dog to get back his lunch bag.

It was during the time that the believer and the dog, were completely outside of the job site, that an earthquake happened, and the ONLY Person to survive that earthquake was the Believer in Christ.

Friends, sometimes God will use means beyond our beliefs to come and save us from what’s to come.

Since that day to now, I can say that I have prayed before my meals unabated.

May His blessings be upon You and Yours, today and always, in Jesus’ Mighty Name!

We Post (M-F) at 9:00P.M.